

St John's Journal

26th June 2026

Despite the very hot weather, children have engaged positively and sensibly to their learning, albeit, differently in some classes. It has been lovely to see the different age groups sharing 'cooler classrooms' and working collaboratively on various tasks. We hope you have a lovely weekend.

St John's Safeguarding Leads

Mr Rizzo – Principal

Mrs Godley – Vice Principal

Mrs Thackery – Business Manager

Inset days for 2026/2027

Friday 24th July

Monday 27th July

Administration Day Tuesday 1st September

Friday 18th December

Monday 26th July 2027

Tuesday 27th July 2027

Wednesday 28th July 2027

Full calendar can be found on our website

<https://www.stjohnsworksop.co.uk/school-holidays-and-inset-days/>

Important Information

We have children in school with severe Egg and Nut allergies.

Please do not send these food items into school.

Thank you for your cooperation.

Dates for your diary 2025/26

Wednesday 1st July & Thursday 2nd July - Year 6 Transition days

Monday 13th July (AM) – FS1 Sports Day

Monday 13th July (PM) – FS2 Sports Day

Tuesday 14th July (AM) – KS1 Sports Day

Thursday 16th July – KS2 Sports Day at EIS Sheffield

Monday 20th July (PM) – Year 6 Leavers' Assembly

A defibrillator is located in the staffroom.



Rainbow Rewards

Value of the Week is:

Love

F1 Curious Creators	Everyone
F2 Enquirers	Lucas and Naya
F2 Inquisitors	Cali and Daisy
Y1 Imagineers	Everyone
Y1 Inspectors	Phoebe and Rosa
Y2 Questioners	Beatrice and Caleb
Y2 Searchers	Isabelle and Teddy
Y3 Adventurers	Louis and George
Y3 Challengers	Isaac and Jasper
Y4 Explorers	Kyle and Amelia
Y4 Discoverers	Ivie and Anna
Y5 Inspirers	Marnie and Alexia
Y5 Entrepreneurs	Emily and Bobby
Y6 Voyagers	Miller and Esme C
Y6 Endeavours	Amelia-Jayne and Gracie

House Attendance

This Week

Aderin	94.56%
Earhart	94.86%
Johnson	93.23%
Sharman	96.64%

Last Week

Aderin	97.53%
Earhart	97.41%
Johnson	98.09%
Sharman	94.99%

Uniform Expectations

Please can we remind you that we expect children to wear full uniform at all times, we will be making regular checks to ensure children have the correct items on and will be sending a message home to remind you if your child attends in incorrect items.

You can find a copy of our Uniform Policy on our website here:
<https://www.stjohnsworksop.co.uk/uniform-information>

Good Work Worship

We're pleased to invite you to your child's class, Good Work Worship.
They are held from 10 am-10.20 am in the school hall. We hope you can join us.

Discoverers – Tuesday 30th June
Inquisitors- Wednesday 22nd July

Community Food Hub

Our Community Shop Food To Go surprise bags are on sale on Tuesdays from 2.30pm.
A reminder will be sent out to let you know they are available.
Each bag costs £5 and can be purchased with cash (preferred) or card payment.
Please bring a large carrier bag if you can.

Please be aware that we have no control over the quality and quantity of items provided each week. With this in mind please note that prices may vary each week to reflect this.

Lost Property

All unnamed lost items are now stored in the plastic trunk outside the main office doors. Please feel free to come and look through if you think your child is missing any items. Anything left after each half term will be either donated to charity or disposed of.

Wraparound Care Reminder

Please can we remind all parents that Wraparound Sessions need to be booked in advance on Arbor. This is to help with staffing ratios. We cannot always guarantee that we will have places for children who are not booked in advance. If you need a session with less than 48 hours' notice, then please call the Academy Office who will be able to book a place for you. If you are booking for the beginning of the week you will need to book your space by Friday evening.

The Healthy Family Team

(Health Visiting Team & School Nursing Team)

Health advice and support for families with children
aged 0-19 years living in Nottinghamshire.

ADVICE LINE: Please telephone 0300 123 5436



Parentline
Text: 07520 619919

A confidential **text** messaging
service for families with
children aged 0-19 years living
in Nottinghamshire.

Health For Under Fives



www.healthforunderfives.co.uk

● ● ●
Health and wellbeing
websites for children and
families living in
Nottinghamshire.

Health For Kids



www.healthforkids.co.uk

Swimming Gala

Friday 17th July for selected UKS2 pupils, along with some Year 4 pupils.
Parents of all those taking part are welcome to spectate.

Uniform Update

You are now able to order uniform directly with our supplier, Price & Buckland.
They offer a free delivery in to school twice a month.
Please click the link below to access their website.
Thank you for your patience during this transition period.

[St John's Church of England Academy | Price & Buckland](https://www.priceandbuckland.co.uk/)



Parking

We would like to remind all parents, carers and visitors that parking around the academy site is very limited. We kindly ask everyone to be mindful when dropping off or collecting children, particularly during our busiest times of the day.

Please help us maintain positive relationships with our local community by being respectful of our neighbours at all times. This includes ensuring that you do not park across or block driveways, as this can cause significant inconvenience.

For safety reasons, parking in the Children's Centre car park is not permitted unless you have prior permission. This area must remain accessible for authorised users at all times.

Wherever possible, please park safely and legally on the surrounding roads, observing all local parking restrictions. Taking a little extra care when parking helps to keep everyone safe, especially our children.

We appreciate your cooperation and support in helping to keep our school community safe, respectful and considerate.

We've had a very good week, despite the heat. ☀️ Lots of learning still happening as we tried to keep as cool as we could. ❄️
Next week, we continue to learn about different occupations before we visit Tiny Town for our Nursery trip. 🚌



Curious Creators





ST JOHN'S
CHURCH OF ENGLAND ACADEMY

STAY & PLAY FAMILY AFTERNOON

Do you want to experience what
amazing play looks like in our school?

Join us for an afternoon of fun.

Meet our OPAL mentor, Wendy Syalon



- ✓ Parent assembly
- ✓ Questions & Answers
- ✓ Play with your children
- ✓ Release your inner child!
- ✓ Refreshments on sale

 **Friday**
3rd July 2026

 **1:00 pm-3:00pm**

 **St John's CofE Academy,
Raymoth Lane, Worksop**

CONTACT US

 **01909 481540**

 schooloffice@stjohnsworksop.snmat.org.uk

 **Let us know you are coming!**

Want to help? Join our PTFA

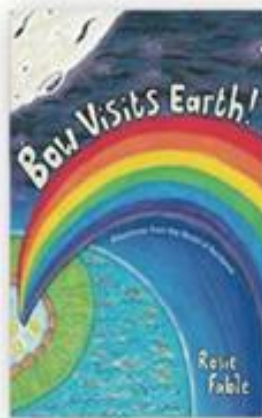




Author Visit Rosie Fable

We're excited to announce that local author, Rosie Fable, will be visiting our school to read her children's book 'Bow Visits Earth!' There will be a question and answer session where children will be able to learn about the process of creating a book, find out more about the characters from the book and the unique planet the World of Rainbows!

On Wednesday 8th July Rosie will visit classes Nursery FS1 & Reception FS2, Year 1s & Year 2s.



About the Book

Join Bow on her first exciting adventure from the World of Rainbows, a wonderfully magical planet. Bow discovers she can visit Earth, the place she's heard many stories about. Bow also finds she has a magical power which allows her to help Earth when needed, all she has to do is run!
Bow loves Earth and is always happy to help.

With beautiful illustrations capturing lovely details and vivid colours, it's a book sure to delight children well after the story is read. Helping increase their imagination and creativity.

Find out more about the book, characters and the author at:

<https://www.instagram.com/bow.and.adventures>

Speech, Language and Communication Early Years Parents and Carers Drop-In

Come along to one of our early years drop-in sessions for children under 4 years old if you would like to talk with us about your child's talking and communication.



Manton Family Hub
Off Community Way
Shrewsbury Road
Worksop
S80 2TQ



Monday 13th July 2026
9:30am to 11:30am



No need to book! Just pick a date and come along with your child at any time during the session. We will be there to chat, play and answer any questions and give ideas!
Please call 0300 123 3387 for further information.
This is for Nottinghamshire families only.

U7 GIRLS PLAYERS WANTED!



 **2026/2027 SEASON**
Current Year 1,
Year 2 in September 26

✓ **GREAT FOOTBALL.
GREAT FRIENDS.
GREAT CLUB.**

✓ A supportive, welcoming
club where every player
can grow, develop and
enjoy the game.

*** MUST NOT BE REGISTERED
WITH ANY OTHER SHWGL TEAMS ***

 **PLAYING ON
SATURDAYS
IN THE SHWGL**

 **SUPPORTIVE
COACHES
& FAMILIES**

 **SKILLS,
CONFIDENCE
& FUN!**

COME AND JOIN US!
Be part of a great team | Make new friends | Love the game

 **WORKSOP BOYS AND GIRLS CLUB JFC**  **07792 276975**





Mini Makers

GRAND OPENING

Kids Art Studio - Sheffield

- Join us for our open day for arts & crafts
- Win prizes with our tombola raffle
- Outdoor art activities
- Lucky giveaway competitions
- Pre-order Mini Makers merch
- All families are welcome

JOIN US FOR FREE

SATURDAY 27TH JUNE 2026
10:00AM - 3:00PM

Aston Springs Farm, Sheffield.
Mansfield Road, S26 5PQ



Swimming lessons at Worksop Leisure Centre!

NEW SPACES AVAILABLE

Sign up today!

- Parent and Child lessons from 3 months – 4 years
- Lessons from 4 years+
- Following Swim England NGB framework with quality assured Swim England, qualified teachers
- Free access to family and fun swim sessions
- Free Parking and spectator seating
- Online tracking of your swimmer's progression
- Additional one to one lessons (extra cost)
- Adult swimming lessons
- Lessons running 7 days a week



**50%
OFF**



Scan the QR code and
sign up online today!

Visit yourspacetofeelgood.com/swim-offer

Terms & condition apply. Barnsley Premier Leisure L.t.d. Queens Ground, Queens Road, Barnsley, S71 1AN. Registered Charity Number 1076681. Registered Company Number 379014.

your swim academy
feel good about learning to swim



BH Bassetlaw HOSPICE

FAMILY FUN DAY

Everyone Welcome

- Refreshments**
Hot and cold drinks and cakes
- Games suitable for all ages**
Prizes to be won!
- Free Parking**
- Therapy Animals**
Ducks, hedgehogs, bunnies and more!
- "Play Beach"**

 **Sunday 19th July**

 **11am to 3 pm**

 **Bassetlaw Hospice DN22 7XF**

 **McConnell**

 **Bassetlaw DISTRICT COUNCIL**
North Nottinghamshire



BH Bassetlaw HOSPICE

REFRESHMENTS
MEDALS FAMILY FUN

PYJAMA WALK

19TH SEPTEMBER 7PM START

JOIN BASSETLAW BEAR FOR A 2.2 MILE CIRCULAR ROUTE IN RETFORD FROM BASSETLAW HOSPICE

ENTRY: £8 ADULTS £5 CHILDREN U5'S FREE

FOR MORE INFORMATION AND ENTRY FORMS CONTACT
DEBBIE @BASSETLAWHOSPICE.ORG
OR CALL US ON 01777 710444 OPTION 3

GET YOUR PJ'S ON !!!

Illustration of three children in pyjamas: a boy in a green patterned top, a girl in a pink cat-eared hoodie, and a girl in a green patterned top. The background is decorated with stars, a crescent moon, and confetti.

 Christ Church

ART HUB: THE HARVEST OF THE FOUND

UNLEASH YOUR CHILD'S CREATIVITY & FAITH!

PERFORMING ARTS CAMP



DATES: AUGUST 10th - 23rd
AGES: 4-7 YRS & 8-18 YRS

YOUTH MUSIC CAMP



MUSIC BAND & CHOIR CLASSES
OPEN TO ALL YOUTH 10-18

BIG CRAFT DAYS



AUG 10 & 17 | 2:00 PM - 5:00 PM

FINAL PERFORMANCE:

SUNDAY, AUGUST 23rd
DURING THE 11 AM SERVICE



LIMITED SPACES! SECURE THEIR SPOT TODAY!

SIGN UP NOW!

#HarvestOfTheFound #ChristChurch #YouthArts #DanceDramaCraft #SignYourChildUp

families@christchurchworksop.org.uk



**NOTTINGHAMSHIRE
YOUTH SERVICE**
Safe, trusted, engaging

Providing **safe spaces**,

fun and engaging things to do

trusted youth workers,

JOIN US AT

Valley Young People's Centre

1 free entry with this flyer!

All sessions 6:00pm – 8:15pm

Calling all Year 5's
Come and join our Year 6 members
Monday's 6.00pm – 8.15pm
As part of your transition into Yr6



CRAFT TIME





Monday – Juniors (Year 5 & 6) – 50p Entry
Tuesday – Link Club (13-25 years) – £1 Entry
(for young people with disabilities)
Wednesday – Seniors (Year 9+) – 50p Entry
Thursday – Inters (Year 7 & 8) – 50p Entry
Friday – Seniors (Year 10+) – 50p Entry





Contact a Youth Worker
for more information:
Shane – 07879 890 387
shane.butkeraitis@nottsec.gov.uk



The Tuck Shop



[www.nottinghamshire.gov.uk/
youthservice](http://www.nottinghamshire.gov.uk/youthservice)

**Valley Young People's Centre,
39 Stanley Street, Worksop,
Notts, S81 7JQ**



**Nottinghamshire
County Council**



DIOCESE OF SOUTHWELL
& NOTTINGHAM
MULTI ACADEMY TRUST

St John's Journal

26th June 2026



ST JOHN'S
CHURCH OF ENGLAND ACADEMY

10 Top Tips for Parents and Educators

STAYING SAFE AROUND WATER

Enjoying time in, on, and around water plays a vital role in a young person's overall development, offering a healthy and exhilarating way to have fun. This guide outlines essential safety advice, based on the Royal Life Saving Society UK's Water Safety Code, to help ensure children can enjoy swimming and similar activities safely and responsibly.

1 STICK TO LIFEGUARDED AREAS

It's never advisable to enter unsupervised bodies of water, especially alone. Instead, it's considered best practice to accompany children to places with lifeguards, as they will be trained to respond swiftly in emergencies and provide first aid when needed.



2 LEARN SIGNS AND FLAGS

When going to a new environment, it's important to research the local area and make children aware of safety signage before entering the water. If visiting the seaside, make sure children are always supervised by an adult and that they know what different beach flags mean, so they're knowledgeable of where and when they can enter the sea.



3 STOP AND THINK

Young people should be cautious before entering water, as it's difficult to know what hazards could be underneath. Use the Water Safety Code and encourage children to ask themselves questions such as, "Is the water too deep or too shallow? Are there currents, tides, or underwater objects?" Make sure children know never to enter water from a height, as what looks below could cause serious injuries.



4 CONSIDER WATER TEMPERATURE

Even on hot days, water can be deceptively cold. Tragedies strike when young people experience cold water shock. Never let children enter water quickly; instead, ensure that they enter slowly and carefully to allow their bodies to adjust to the temperature or exit easily if needed.



5 INFLATABLE SAFETY

Although inflatables may seem like a fun idea when visiting locations like the beach, they can float further out from shore and into more dangerous water. It's advisable only to use inflatables in spaces like appropriately managed swimming pools, where they're used in more controlled and supervised environments.



6 SUPERVISION IS KEY



For young children, and particularly those under the age of five, it's important for them to be supervised at home, outside and at the pool at all times. It's essential for parents and educators to understand that young children can drown quickly and silently; therefore, anyone supervising them must maintain constant watch in case they get into difficulty.

7 DON'T GO TOO FAR



When swimming, especially in open water, it's best to teach children to stay within a safe depth. Share advice with them such as only entering water up to a standing depth, and in the case of visiting the beach, swim parallel to shorelines. This will allow a child to stay in control and get out of the water easily.

8 KEEP POOLS AND TUBS DRAINED

For parents of young children, a simple way to protect them at home is to keep outdoor spaces and bathrooms tidy after playtime. This includes removing water from paddling pools after use and turning them over, returning lids to hot tubs and taking toys out of baths, so all water can be fully drained from the tub.

9 FLOAT AND CALL 999



If a child gets into difficulty in the water, they should try to float on their back, stay calm, and call for help. If a young person sees someone else in trouble, they should dial 999 or 112 immediately, then shout to reassure their friend, encouraging them to float on their back, and letting them know that help is on the way. Children should never enter the water to attempt a rescue or retrieve belongings.

10 TEACH WATER SAFETY



Beyond swimming lessons, children should be educated in school on water safety. Use RLSS UK's accredited programme, 'Water Smart Schools', which offers free lesson plans and resources on how to be safe on, near and around water by following the Water Safety Code.

Meet Our Expert

The Royal Life Saving Society UK (RLSS UK) is a national water safety charity that gives children the chance to enjoy a lifetime of fun in the water, safely. Water safety education provided in schools is vital and, in some instances, could be a child's only opportunity to learn about the water.



The National College

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SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

1 TAKE PRACTICE JOURNEYS

Making 'practice' journeys with children is a great way to help them stay safe, thereby modelling responsible behaviours and having road safety conversations as they prepare to travel independently. Add hazard perception activities like spotting electric vehicles – which may have a green number plate – and point out how quiet they are. Children learn by watching others; remind them that their peers might not always be the best role models.

2 BE BRIGHT, BE SEEN

Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear light, bright or fluorescent clothing. When it's dark, wear reflective clothing or materials such as a reflective armband or jacket.

3 EYES UP

Encourage children to look up and keep their eyes on the road. Teach them to constantly watch for traffic and practise double-checking the road before crossing – looking right, left and then right again.

4 LIMIT DISTRACTIONS

Where possible, devices like phones should be kept away from children while out and about near roads. If they're carrying devices, these should be put away until they've reached their destination. Children must also avoid playing with toys or being distracted by friends. If a friend wants to show them something funny on their phone, there'll be time for that once they've safely arrived.

5 SLOW DOWN

Discuss the importance of waiting instead of crossing immediately. It can be tricky to judge the speed of traffic and spot obstacles that could cause a trip or a fall. For safety, children must stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should avoid crossing until they're certain they have plenty of time. Even if traffic seems a long way off, it could still be approaching very quickly.

6 STOP BEFORE THE KERB

Teach children to stop before reaching the kerb – not right at the edge of it. Halting before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road's edge but ensure they can still see approaching traffic.

7 CROSS SAFELY

Children should always find a safe spot to cross the road, prioritising zebra crossings or pelican crossings, footbridges and subways. Find a place where they can see traffic coming from both directions. Avoid crossing near junctions, bends in the road, or obstacles that block their view. Instead moving to somewhere they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening while crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.

8 PARKED VEHICLES

Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way, and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't about to move, by looking for drivers in the vehicles and listening for engines running – but remember that electric vehicles may move off silently. They should always make sure there is a gap between any parked vehicles on the other side, so they can reach the pavement.

9 REVERSING VEHICLES

Children must never cross behind a reversing vehicle – it's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound or a radio playing inside the vehicle?

10 WAIT FOR THE BUS TO LEAVE

When getting off a bus, children must wait for it to leave before crossing so they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

Meet Our Expert

THINK! is a year-round national campaign that aims to encourage safe road behaviours – whether we're driving, cycling, horse riding or walking – with the aim of reducing the number of people killed and injured on the UK's roads each year. Find out more at: <https://www.think.gov.uk/education-resources/>



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CREATIVE WAYS TO ENCOURAGE READING

Reading regularly has a life-long impact, yet recent data from the National Literacy Trust shows a decline in reading for pleasure among 8- to 18-year-olds, with just 32.7% enjoying it in 2025. Despite growing distractions, there are practical ways adults can spark a love of reading. This guide offers strategies and resources to help inspire young readers.

1 VALUE ALL READING

When we think about reading, it's very easy to picture a young person reading a fictional novel; however, reading is so much more than this. To help them understand, why not show them how to create a 24-hour reading diary? Jot down all reading and then discuss this with them. By doing this, you can demonstrate the many ways we turn to reading.

2 WIDEN THE SELECTION

Once we know reading can be varied, we need to think about the selection of reading material they can access. Visit a shop selling magazines, the library and a bookshop, and consider the range of material that is available within them. Then consider how you might broaden their reading choices, so all young people have access to a wide and varied selection.

3 GIFT A BOOK

One simple way to encourage reading is to make books feel special. Gifting a book adds value and shows it's something to be treasured. Whether it's as a reward or for a celebration like a birthday, let the young person choose a title or pick one you know they will enjoy. You could also include a personal note inside.

4 CONNECT WITH AUTHORS

Meeting authors can certainly spark an interest in their reading material. This might be through a live event in a school/bookshop or by using the wealth of online material that is now available. Encourage young people to look at ways to connect with authors using free resources such as Authorly and Just Imagine's Children's Authors Live.

5 BUILD YOUR KNOWLEDGE

Access training about reading for pleasure to widen your understanding of this topic and, more importantly, how to develop it. Explore a wide range of free resources that can be found online. The more you know, the better placed you are to inspire a love of reading in others.

6 TALK BOOKS

There are times when we need silence to read and focus on our book; however, we know that reading is a social experience, so we must also factor in discussion time. Reading the same book gives two people a connection and the opportunity to voice their thoughts and questions about it. Why not buy two copies of a book and read it together? Start the connection.

7 RECOMMENDATIONS

As well as talking about the content of books, we can share what we are reading or have read recently. This can often act as a trigger for someone else to explore it. How often have you watched a film or series because someone else has recommended it? It's the same with books. If you know the young person well, you can tailor your recommendations and share why you think they'll enjoy it.

8 GO DIGITAL

With the rise in online digital material, we can easily focus on the negatives; however, it also brings a wealth of opportunities. Resources can aid and enhance the reading experience for young people. They can read along with audiobooks, translate, and track their reading goals with resources like Polyline and apps like Goodreads for older children. Augmented reality books also bring books to life and offer a great way for engagement.

9 RECONNECT

There can come a time when a love of reading seems to disappear. It does not mean it's gone forever; it generally means they have lost the connection. How do we get it back? Find the next piece of reading material that sparks their current interests. The National Year of Reading focus of 'Go All In' captures this well as it is their key theme. As children grow and change, so do their interests. A visit to the local library is a great way to support the reconnection.

10 LEAD BY EXAMPLE

Let them see you reading. If you make time to read, you send a strong message to children: reading matters. Share why you enjoy it. Is it to relax, escape the world, learn something new or to be entertained? When children see reading as a normal and valued part of everyday life, they are more likely to adopt it themselves.

Meet Our Expert

Carl Pattison is a literacy adviser and early reading expert at The National College. Through his programmes, he supports schools to enhance reading and writing. In addition to his independent work, he also works for a large academy trust in the East Midlands as the strategic lead for their English Hub and Literacy Excellence Centre.



Go full reference list on our website

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What Parents & Educators Need to Know about WHATSAPP

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

AGE RESTRICTION 13+

WHAT ARE THE RISKS?

GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

Advice for Parents & Educators

REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

#WakeUpWednesday

The National College

See full reference list on our website

Social Media Links:
 X: @wake_up_weds
 Facebook: /www.thenationalcollege
 Instagram: @wake.up.wednesday
 TikTok: @wake.up.weds



Beat the heat

Plan ahead



Check the weather
forecast and the news



Plan ahead to
avoid the heat



Schedule activities to
cooler times of the day

Keep yourself cool



Drink plenty of fluids and
avoid excess alcohol



Wear sunscreen, a
hat, and sunglasses



Cool your skin with water
and slow down

Find somewhere cool



Close blinds and curtains
during the day



Go indoors or outdoors,
whichever feels cooler



Avoid closed spaces
like stationary cars

Be safe



Be on the lookout
for signs of heat
related illness



Look after yourself
and check in with
others



Stay safe when
swimming



Get help. Call
NHS 111 or in an
emergency 999

For more information go to: gov.uk/ukhsa/beat-the-heat

HEAT-RELATED ILLNESSES



Heat Exhaustion

Heat exhaustion occurs when the body overheats, but it can cool itself down. It does not usually need emergency medical attention if it cools down within 30 minutes.

Look for

-  tiredness, dizziness and/or weakness
-  headache
-  muscle cramps
-  feeling/being sick
-  heavy sweating
-  intense thirst
-  fast breathing
-  high temperature

Action

- move to a cooler place in the shade
- remove all unnecessary clothing
- drink a cool drink (not alcohol)
- cool skin – spray or sponge with cool water
- stay with them

Anyone affected should start to cool down and feel better within **30 minutes**.

If you are concerned about symptoms, or they are worsening, contact NHS 111.



FIND COOL PLACE



DRINK WATER



COOL SKIN



DIAL 111

Heatstroke

Heatstroke occurs when the body is no longer able to cool itself down and its temperature becomes dangerously high.



Look for

-  still unwell after 30 minutes of resting
-  loss of consciousness
-  very high temperature
-  confusion
-  lack of co-ordination
-  fast heartbeat
-  fast breathing or shortness of breath
-  hot skin that is not sweating
-  seizures

Action

Heatstroke is a medical emergency.

- dial 999 and then try to cool them down
- move to a cool place
- remove all unnecessary clothing
- cool skin – spray or sponge with cool water
- put them in the recovery position if they lose consciousness while waiting for help
- stay with them



DIAL 999



FIND COOL PLACE



COOL SKIN



RECOVERY POSITION



In an emergency, or if you think someone has heatstroke, dial 999.



Are you WeatherReady?

Thinking ahead and preparing for what the weather may bring can make a real difference. Here is a simple checklist to prepare yourself, your vehicle and your home or business.

Be ready to get active

- ☐ Wear suitable clothing and footwear
- ☐ Bring water
- ☐ Apply sunscreen



Check your house and garden

- ☐ Check roof
- ☐ Clear guttering



Take the worry out of summer storms

- ☐ Clear drains to avoid blockages
- ☐ Store garden items during strong winds



Be prepared for hot weather

- ☐ Wear sunscreen and a wide brimmed hat
- ☐ Seek shade between 11am and 3pm
- ☐ Drink plenty of water



Keep an eye on UV and pollen levels

- ☐ Check the forecast
- ☐ Stock up on sunscreen and hay fever medicine



Check your vehicle is summer ready

- ☐ Top up screen wash, oil and coolant
- ☐ Check tyres



Look out for those around you

- ☐ Check on neighbours
- ☐ Ask if you can help



Have basic supplies to hand

- ☐ Key information and phone numbers
- ☐ Bottled water and medicines
- ☐ Torch and spare batteries



www.metoffice.gov.uk/WeatherReady

Are your friends, neighbours and community WeatherReady for the summer? Help them prepare by sharing this checklist or join the conversation online #WeatherReady

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A Guide to the Neurodevelopmental Referral Pathway for Children at St John's C of E Academy.

Step 1:

Arrange a time to discuss concerns with your child's class teacher. If necessary, a SENCo (Mrs Aris or Mrs Watson) may be invited to this meeting or to a follow-up meeting if required.

Class teacher and SENCo may suggest:-

Making reasonable adjustments within the classroom to support the needs of the child.

A referral to an outside agency such as a Healthy Families Team or the Family Hub for support for the child and family within the home.

Signposting to organisations such as APTCOO or Autism East Midlands for advice and support around neurodiverse conditions; this can be accessed without a diagnosis.

Monitoring and observing the child with a view to completing the GDA (General Developmental Assessment) forms to submit to Bassetlaw Hospital.

Step 2:

If it has been agreed that we feel that a GDA referral is appropriate, we will need at least 2 terms of evidence.

This will involve:

Observations of the child by class teacher and SENCo.

At least 2 cycles of our 'Plan, Do, Review' process.

This is carried out through targets on an Individual Support Plan which are set and reviewed on a termly basis.

Parents are included in the process and the plan is discussed during Parents' Evening or another suitable time.

Please be aware this stage of the process will take approximately 6 months.

Step 3:

The GDA forms will be completed by class teacher and parents/carers.

Support is offered to parents if they find filling in the forms tricky. We aim to include accurate and detailed information as experience has shown that this is needed for the child to be accepted for an initial appointment and further assessments at the hospital.

Forms submitted to Community Paediatric Department at Bassetlaw Hospital.

Forms are triaged at the hospital. At this point, additional information may be requested. Both the SENCo and parents will be informed of the outcome.

If accepted, you will be invited to attend an initial appointment with the child. Please be aware that you can wait anything from 18 - 24 months for an initial appointment.

Step 4:

Initial appointment at Bassetlaw Hospital:

Parents and child are invited to an initial appointment. You can ask the SENCo to also attend if you feel it necessary to offer support and to provide information around how the child presents at school.

The initial appointment may lead to assessment with a Community Paediatrician for conditions such as Autism and/or ADHD.

Sometimes a child is referred to SALT (Speech and Language Therapy) for sessions and support around Communication and Interaction Needs.

If the need for an Autism and/or ADHD assessment is not identified, you will be offered advice based on the child's individual needs and signposted to appropriate local and national support organisations.

Useful Contacts for Advice and Support

Absoluteness is a dedicated counselling practice based in the Bassetlaw area. Offering a non-clinical, private, person-centred counselling both in-person and online supporting individuals, couples, children, and young people through life's challenges—from anxiety and bereavement to relationship struggles and baby loss. <https://www.absoluteness.uk>

APTCOO in Bassetlaw operates through our SEND (Special Needs and/or Disabilities) Family Hub at Tall Trees in Retford. We provide a range of high quality, specialist support services to families of children and young people with SEND and/or early life trauma. <https://www.aptcOO.co.uk/>

Bassetlaw Primary Behaviour Partnership B.P.B.P. is a not-for-profit partnership supporting pupils (and families) with SEMH difficulties in Bassetlaw Primary schools. <https://bpbp.co.uk/>

CASY Counselling provides a confidential counselling service to young people aged from 6 to 25 years within Nottinghamshire and Lincolnshire. <https://www.casy.org.uk> 01636 704620

Chat Health confidential text service is an easy way for young people to confidentially ask for help about a range of issues or make an appointment with a health practitioner: <https://chathealth.nhs.uk/>

Harmless support people who self-harm and their families. For more information see their website <https://harmless.org.uk/>

Health for Teens emotional health and wellbeing for teenagers provided by the NHS. This is relatively new and has topics relating to self-harm, eating disorders, sexting, bullying, relationship, diet etc. <http://www.healthforteens.co.uk/>

Kooth Free, safe and anonymous online support and on line counselling and forums for young people, includes strategies on self-harm <https://www.kooth.com>

Nott Alone Mental health advice for young people – anger, anxiety, bereavement, bullying, low mood and depression, body image, being a young carer and other issues: <https://nottalone.org.uk/?a+tp>

Shout This is a free text service which provides users with support for their mental health. The service is open 24 hours a day, 7 days a week. Users can access the service by texting 'SHOUT' to 85258. <https://giveusashout.org/>

The Centre Place LGBT+ Notts provide a range of specialist services for children and young people aged 11 – 25 who identify as LGBT+ (lesbian, gay, bisexual, trans and any other sexual orientation or gender identity), or may be questioning this: <http://www.centrepPlace.org.uk/>



 Your Health
Notts

FAB

Food, Activity, Balance

4 - 17 YEARS
over the 91st centile

WHAT SUPPORT IS PROVIDED?

- 1:1 Nutrition Support
- Virtual Group Sessions
- Activity Groups
- Cookery Classes
- Free Workbooks & Resources

Helping Families to Eat Well and Move More.

**SCAN HERE
TO REFER
TODAY**

Call 0115 708 0908
visit
www.nottschildrenspoa.co.uk

 Nottinghamshire
County Council



St John's Journal

26th June 2026



Good morning,

As Children's Commissioner for England, I am writing because, six weeks after launching my national survey, The Big Future, I have only received one response from children or young people at your school.

I am asking for your support in ensuring that your pupils take part here:

<https://www.childrenscommissioner.gov.uk/thebigfuture>

If you believe you have received this email in error, please accept our apologies and disregard this message.

It is vital that I hear from children and young people in every school, college and community across England. If students from your school do not participate, their experiences, views and aspirations will be absent from the national picture that will help shape future policy and decision-making.

At a time of significant change for children and young people, it is more important than ever that their voices are heard. Through The Big Future, I can take the views of your students directly to government and ensure their priorities help inform the decisions that affect their lives.

I would be grateful if you could share the survey directly with pupils through your school or college communication channels, and with parents and carers across your wider school community.

Many schools and colleges have successfully encouraged participation by completing the survey during form time, tutor periods or assemblies. To support this, I have created a slide pack that can be downloaded here: <https://www.childrenscommissioner.gov.uk/the-big-future/>.

I am also inviting schools and colleges to nominate student champions to help promote the survey among their peers. Champions who generate particularly high levels of participation will receive formal recognition for their contribution to amplifying young people's voices. This can be referenced in personal statements, CVs and future applications.

In addition, schools and colleges with the highest levels of participation will be invited to attend my final Festival of Childhood, celebrating the contributions of children and young people from across England.

To make participation as straightforward as possible, I have produced a range of supporting resources, including an introductory video, lesson materials and FAQs, all available on the The Big Future webpage.

Thank you for your support in helping ensure that every child's voice has the chance to be heard.

Yours sincerely,

Dame Rachel de Souza

Children's Commissioner

Parent and Carer Involvement Group

Do you want to make a difference to Children and Young People's Health Services?

Why not join our Parent and Carer Involvement Group?



Share your feedback and real life experience of services.

Help shape Children and Young People Services.



 **TUESDAY**

Our online meetings at 1pm - 2pm are:

- 6th January 2026
- 3rd February 2026
- 3rd March 2026
- 7th April 2026
- 5th May 2026
- 2nd June 2026
- 7th July 2026
- 4th August 2026
- 1st September 2026
- 6th October 2026
- 3rd November 2026
- 1st December 2026

For more information or to register, please scan the QR code or use the link below. Under current opportunities, click 'Adult Involvement Opportunities (18+)' to find the project details:

SCAN ME



www.nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities

Healthy Family Team Newsletter




 Nottinghamshire Healthcare
 NHS Foundation Trust

SPRING

AHOJ TERE HALLO
 ¡HOLA! OLÀ HEJ
HELLO HALO
 MERHABA KUMUSTA
 BONJOUR

Hi!

We just wanted to say a big hello and remind you about the services on offer locally to support families.

Parentline

Text 07520 619919

This is a text messaging service delivered by the Healthy Family Team for parents and carers.

Monday to Friday,
from 9am to 4.30pm

IT'S OKAY
to ASK
for HELP

Advice Line

Telephone

0300 123 5436

This is for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support.

Monday to Friday, from 9am to 4.30pm

Nottingham City Contact

This is for parents, carers and practitioners who want to speak to the Children's Health Advice Hub for advice or support.

Call: 0300 300 0040

Doncaster Contact

This is for parents, carers and practitioners who want to speak to the Doncaster Health Visiting Team for advice or support.

Call: 03000 218 997



SEND

The Healthy Family Team may be able to contribute to EHCP requests and annual reviews when actively working with your child/young person or where they have been involved within the last 12 months. Please inform your EHCP case worker or school Senco if input is required.

SUPPORT

Your Notts Directory

is the local offer for Nottinghamshire.

Visit: www.yournottsdirectory.org.uk



Health for Kids!



This website offers a fun, engaging and interactive way for children to learn about health. It links parents/carers and children to appropriate health and wellbeing services.

You can download articles into other languages at the click of a button on the new ReciteMe task bar.

To use, click the ReciteMe image at the bottom right of the screen.



The ReciteMe toolbar will open at the top of the screen.



www.healthforkids.co.uk



Speech and Language



Do you have any questions or concerns about your child's talking or communication?

We are happy to help, please call the advice line on:

0300 123 3387
OPTION 1



LOCAL HELP

Find your local library:

Visit: www.nottinghamshire.gov.uk/your-local-services/libraries



Find your local Family Hub:

Call: 0300 500 80 80



Visit: <http://www.nottinghamshire.gov.uk/global-content/your-local-services/nottinghamshire-family-hubs>

PARENT AND CARER GROUP

Do you want to make a difference to Children and Young People's Health Services?



Why not join our Parent and Carer Involvement Group? We meet online, once a month. You do not have to attend every meeting, just the ones you can.

MORE INFO



Visit: www.nottinghamshirehealthcare.nhs.uk/new-involvement-carer-opportunities



Was this resource useful? All feedback is appreciated.
Please contact The Health Promotion Team:
Call: 0115 8760136 Email: HealthPromotionTeam@nottsbc.nhs.uk

WORKSOP AUTISM FAMILY SUPPORT HUB RUN BY **AEM**

Session Dates for 2026



Scan me

Sparken Hill Academy
Sparken Hill, Worksop, S80 1AW

The Autism Family Support Hub is a very relaxed stay and play session, with the aim of offering support if needed for families with autistic children, with or without a diagnosis.



These are drop in sessions for the whole family



Children 11 and under, including siblings, can enjoy crafts, sensory activities and toys



Parents/carers can engage in activities too, or enjoy some refreshments whilst talking to other families and sharing experiences or speaking with staff for advice and support.



No need to book a place
– just turn up

If you'd like to join our mailing list, get in touch:

kerry.macadam@aem.org.uk

£1 for refreshments

We'd also be really grateful if you could donate what you can afford towards the running of the session.
Cash is preferred.

Usually the second Tuesday of the month 5-6.30pm

13th January

14th April

14th July

13th October

10th February

12th May

11th August

10th November

10th March

9th June

8th September

December TBC



JOIN US AT

Valley Young
People's Centre

Providing
safe
spaces.

trusted
youth workers.

fun and
engaging
things to do

All sessions
6:00pm – 8:15pm

1 free entry
with this flyer!



Year 6 Sessions Now Open
Monday's 6.00pm – 8.15pm



Monday – Juniors (Year 6) – 50p Entry
Tuesday – Link Club (13-25 years) – £1 Entry
(for young people with disabilities)
Wednesday – Seniors (Year 9+) – 50p Entry
Thursday – Inters (Year 7 & 8) – 50p Entry
Friday – Seniors (Year 10+) – 50p Entry



Contact a Youth Worker for more
information:

Shane – 07879 890 387
shane.butkeraitis@nottscg.gov.uk



[www.nottinghamshire.gov.uk/
youthservice](http://www.nottinghamshire.gov.uk/youthservice)

Valley Young People's Centre,
39 Stanley Street, Worksop,
Notts, S81 7JQ



Nottinghamshire
County Council

Key Dates for School Admissions



The following gives information about the key dates for the Nottinghamshire County Council coordinated scheme.

Offers are communicated through Nottinghamshire County Council's online system.

Further details here:

<https://www.nottinghamshire.gov.uk/education/school-admissions/hub>

	Open date	Close date	Offer date
Secondary	4 August 2025	31 October 2025	2 March 2026
Primary	3 November 2025	15 January 2026	16 April 2026

Foundation1 (Nursery)

The following gives information about the key dates for our published scheme for applications to Foundation 1 (Nursery), dealt with directly by the Academy. Offers are communicated via email.

Further details here:

<https://www.stjohnsworksop.co.uk/nurseryf1-curious-creators/>

Intake	Deadline for Applications	Offers Made
Spring Intake 2026 (January 2026)	W/E 28th June 2025	W/C 15th July 2025
Summer Intake 2026 (April 2026)	W/E 26th September 2025	W/C 13th October 2025
Autumn Intake 2026 (September 2026)	W/E 27th March 2026	W/C 20th April 2026
Spring Intake 2027 (January 2027)	W/E 26th June 2026	W/C 13th July 2027

Wellbeing Page

Handle With Care

We would like to provide all families with additional support during those times when things may be difficult at home. We understand it is not always easy to share details with school, especially at the classroom door and that's okay.

If your child is coming to school after a difficult night, morning or weekend; please message the school office with your child's name, class and "Handle With Care" and these will be passed staff members.

Nothing else will be said or asked but this will let us know that your child may need extra time, patience or help during the day.

At St John's we believe that everyone has the right to feel safe and be who they are. Our school is a place where everyone can feel safe and happy and we will always treat bullying seriously.

What is bullying?

Bullying is when someone hurts someone else, by using behaviour or words which are meant to frighten or hurt that person.

Several Times On Purpose

What should I do?
Ask them to stop if you can.
Ask them to go away.
Ignore them.
Walk away.
Get help.

Start Telling Other People

Who can I tell?
A friend, parents/carers, teachers, a trusted adult.



Young Carers Service

FREE

A support service to help identify and support Young Carers in education

Advice on how to support Young Carers in Education

Young Carer themed Assemblies

Young Carer Champion training

Staff meetings & Inset training

Resources



www.nottinghamshirecarers.co.uk
info@nottinghamshirecarers.co.uk
01773 833 833





Are You a Young Carer?

Would you like to travel on the tram or bus for FREE?



TravelNotts
Network



Aged 5 - 17? Contact Young Carers Notts to get a FREE travel card!



Tel: 0115 824 8824 (9am - 5pm, Mon- Fri)

WhatsApp: 07860 957 660

Email: youngcarers@tuvida.org

Web: www.youngcarersnotts.co.uk

**YOUNG
CARERS
NOTTS**



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**Nottinghamshire
County Council**

Tü Vida
Supporting your life



Safeguarding for parents

What is safeguarding?

Safeguarding ensures that every child, regardless of their age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, has a right to equal protection from harm. It's the steps that people take to protect children and vulnerable people from harm.



Examples of safeguarding concerns to look out for:



Physical

A group of children pushing or hitting a smaller child when an adult isn't looking.



Emotional

A crying child running towards their parent who responds in a harsh manner using inappropriate language.



Sexual

A teenage girl walking home being catcalled and harassed, or being touched without consent.



Neglect

A child wearing the same dirty clothes every day and stealing food from other children.



How can you help?

If you ever see anything happen to a child that makes you feel uncomfortable, please let your safeguarding lead / person know. You're not causing problems – you could save a child from unnecessary harm.

Any one of these things might not mean anything, but if your safeguarding lead / person isn't told, they can't help.

Speak to: Mr Rizzo, Mrs Godley or Mrs Thackery

**Talk to me
about your
concerns**

For more support with safeguarding, search

Tes safeguarding advice 