

As another busy week comes to a close, I would like to thank all of our pupils, staff and families for their continued hard work, support and dedication.

It has been wonderful to see our children demonstrating our values of **Belong, Believe, Achieve** through their learning, friendships and positive attitudes. We are incredibly proud of all that they have achieved this week.

Thank you for your ongoing support of the academy. We wish you all a relaxing, safe and enjoyable weekend, and we look forward to welcoming everyone back next week for more exciting learning opportunities.

### St John's Safeguarding Leads

Mr Rizzo – Principal

Mrs Godley – Vice Principal

Mrs Thackery – Business Manager

### Important Information

We have children in school with severe Egg and Nut allergies.

Please do not send these food items into school.

Thank you for your cooperation.

**A defibrillator is located in the staffroom.**



**Anaphylaxis Kitt is located in the dining hall.**



### Inset days for 2026/2027

Friday 18th December

Monday 26th July 2027

Tuesday 27th July 2027

Wednesday 28th July 2027

Full calendar can be found on our website  
<https://www.stjohnsworksop.co.uk/school-holidays-and-inset-days/>

### Dates for your diary 2026/27

Thursday 8<sup>th</sup> October – Parents Evening

Monday 12<sup>th</sup> October – Individual and Sibling photographs

Tuesday 13<sup>th</sup> October – Parents Evening

Monday 19<sup>th</sup> October – Friday 30<sup>th</sup> October – Half Term

Friday 6<sup>th</sup> November – Year 6 Coal Mining Museum Trip

Monday 23<sup>rd</sup> November – Annual Flu Vaccinations

### Rainbow Rewards

**Value of the Week is:**  
**Trust**

|                     |                     |
|---------------------|---------------------|
| F1 Curious Creators | Jasmine and Emir    |
| F2 Enquirers        | Jack and Elia       |
| F2 Inquisitors      | Edie and Jadon      |
| Y1 Questioners      | Ava H and Jacob     |
| Y1 Searchers        | Max and Rhylee      |
| Y2 Imagineers       | Toby and Florence   |
| Y2 Inspectors       | Eve and Indie       |
| Y3 Adventurers      | Mateo and Arlo      |
| Y3 Challengers      | Harvey and Isaac    |
| Y4 Explorers        | Harper and Max S    |
| Y4 Discoverers      | Frankie and Louis   |
| Y5 Inspirers        | Thea and Phoebe     |
| Y5 Entrepreneurs    | Alexa and Neve      |
| Y6 Voyagers         | Mason and Charlotte |
| Y6 Endeavors        | Bobby and Abigail   |

### House Attendance

**This Week**

|         |        |
|---------|--------|
| Aderin  | 97.69% |
| Earhart | 97.17% |
| Johnson | 92.44% |
| Sharman | 97.72% |

**Last Week**

|         |        |
|---------|--------|
| Aderin  | 96.62% |
| Earhart | 96.72% |
| Johnson | 97.41% |
| Sharman | 97.42% |

Curious creators have had a wonderful week learning about Autumn. 🍁



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PIC•COLLAGE

Curious creators have had a wonderful week learning about Autumn. 🍁



This week, in Adventurers, we have been learning about the writing features of instructions, so we can write our own. We followed instructions to make a model woolly mammoth and noted what we could add to make them clearer. It was very sticky!

### How to Make a Model Woolly Mammoth

**You will need**

- Plastic milk bottle (2 litre size, emptied and cleaned).
- Scissors
- PVA glue
- Brown tissue paper
- Brown card
- White pipe cleaner
- Googly eyes

**What to do**

1. Cut the top half of the milk bottle, just below the handle, and throw away the bottom half. Be careful to leave on the handle, as this will become the trunk.
2. Cut an arch into each of the bottom two sides to form the shapes of the legs (see fig 1).
3. Cover it all over with PVA glue and brown tissue paper. You can leave some bits of tissue paper sticking out to make a woolly effect. You may wish to stick on extra pieces of brown paper with frayed edges to look like hair.
4. Cut some ears out of brown card and stick them on.
5. Add some googly eyes and some pipe cleaner tusks.



Fig. 1

### Features of Instructional Texts

Tick the features as you find them in each text.

|                                              | How to Wash a Woolly Mammoth | How to Make a Model Mammoth | Third set of instructions |
|----------------------------------------------|------------------------------|-----------------------------|---------------------------|
| A clear title                                |                              |                             |                           |
| Numbered steps                               |                              |                             |                           |
| A 'what you need' section                    |                              |                             |                           |
| Imperative verbs                             |                              |                             |                           |
| Prepositions                                 |                              |                             |                           |
| Helpful details (such as 'Be careful to...') |                              |                             |                           |
| Diagrams                                     |                              |                             |                           |



Today, in Adventurers class, we created a Mammoth washing cleaning kit and collected imperative (bossy) verbs to describe how we would use the equipment. Then, we practiced washing dirty rubber ducks (we are not quite ready for a mammoth yet!)  
Bubbly fun!



## Winter 2026 Menu

The Winter 2026 menu is now available to order on Arbor up to the Christmas Holidays. Copies of the menus and allergen lists are available to view on the school's website.

Please remember when ordering to select the Winter 2026 Menu from the Meals Choices screen.

## Uniform Expectations

Please can we remind you that we expect children to wear full uniform at all times, we will be making regular checks to ensure children have the correct items on and will be sending a message home to remind you if your child attends in incorrect items.

You can find a copy of our Uniform Policy on our website here:

<https://www.stjohnsworksop.co.uk/uniform-information>

## Vacancies

Please follow the link for the latest SNMAT job vacancies

[St John's CofE Academy - Job Vacancies](#)



### Parking

We would like to remind all parents, carers and visitors that parking around the academy site is very limited. We kindly ask everyone to be mindful when dropping off or collecting children, particularly during our busiest times of the day.

Please help us maintain positive relationships with our local community by being respectful of our neighbours at all times. This includes ensuring that you do not park across or block driveways, as this can cause significant inconvenience.

For safety reasons, parking in the Children's Centre car park is not permitted unless you have prior permission. This area must remain accessible for authorised users at all times.

Wherever possible, please park safely and legally on the surrounding roads, observing all local parking restrictions. Taking a little extra care when parking helps to keep everyone safe, especially our children.

We appreciate your cooperation and support in helping to keep our school community safe, respectful and considerate.



#OutwoodFamily

# Year 5 & 6 Open Evening

Outwood Academy Valley  
**Tuesday 6th October**  
**4 - 6:30pm**

Take a tour of our school site, discover our fantastic facilities, meet our teachers and take part in a range of fun, interactive activities throughout the evening.

**Year 5/6 open evenings at secondary will  
take place on the 6th October at the below  
times;**

**Valley 4-6pm**  
**Portland 4-6:30pm**

**This is a further opportunity for you to look  
around the schools with your child before the  
cut off for applications on the 31st October.**

## Speech, Language and Communication Early Years Parents and Carers Drop-In

Come along to one of our early years drop-in sessions for children under 4 years old if you would like to talk with us about your child's talking and communication.



Retford Central Family Hub  
Spa Lane  
Retford  
DN22 6EA



Tuesday 10<sup>th</sup> November 2026  
9.30am - 11am



No need to book! Just pick a date and come along with your child at any time during the session.  
We will be there to chat, play and answer any questions and give ideas!  
Please call 0300 123 3387 for further information.  
This is for Nottinghamshire families only.

Nottingham Oral Health Improvement Team

## Autumn Edition Newsletter

Community  
Dental  
Services



Welcome to the Autumn edition of the Nottingham Oral Health Improvement Newsletter.

As professionals working with children and families, you play an important role in promoting positive oral health behaviours. Whether through everyday conversations, creating tooth-friendly environments, supporting supervised toothbrushing, or signposting families to dental services, your influence can help children develop healthy habits for life.

This newsletter contains seasonal oral health messages, practical activities, resources and training opportunities to support your work during the autumn term.



### Autumn oral health tips

October brings plenty of Trick-or-Treat sweets, making it easy for little ones to snack more often throughout the day.

Try to save sugary foods and drinks for mealtimes. This helps protect teeth from frequent acid attacks and keeps smiles bright!

Pop leftover sweets out of sight, and offer just one or two pieces as a dessert treat.

Encourage children to swap extra sweets for a fun small toy, a new book, or a special family activity together.

#### Alternative Treats to Hand Out

**Fun non-food treats:** Try spider rings, bouncy balls, temporary tattoos, bubbles, or glow sticks instead of sweets.

**Mini savoury snacks:** Tooth-friendly alternatives include cheese portions, breadsticks, or rice cakes.



### Toothbrushing tips

Brush twice daily with fluoride toothpaste, including once before bed and on one other occasion. Encourage children to brush for a full two minutes. Remind children to spit out excess toothpaste after brushing and avoid rinsing with water. Children under 7 years old should be supervised while brushing their teeth.



### Half-term dental check-up reminder

We understand it can be tricky to fit dental check-ups into busy school timetables. Regular visits help catch any problems early, prevent bigger issues down the line, and support children's healthy habits, confident smiles, and overall well-being. Encourage families to book appointments well ahead of the Half Term holidays for peace of mind!



Click to  
find a  
dentist  
here!

[View OTD Newsletter](#)



## AUTUMN ACTIVITIES

Community  
Dental  
Services

### Share a Toothbrushing Chart and Leaflets

Create a colourful brushing chart for the Autumn holidays. Children can add a sticker each time they brush, aiming for a full chart by the end of each week. Offer small tooth-friendly rewards for consistency.



### Recommend Brush Along Apps

Brush DJ or a guided brushing video on YouTube are great fun. Click the images below and try it yourself.



### Storybook recommendations

Read children's books about visiting the dentist or taking care of teeth.

Click the picture to see some popular options



### Try an Autumnal Oral Health Scavenger Hunt!

A scavenger hunt is a game where a player or teams try to find specific items, take certain photos, or complete the task on the list.

### Pumpkin Smile Craft

Encourage children to create smiling pumpkin faces using craft supplies. Use this to talk about what makes a healthy smile and the importance of brushing.



### Free Oral Health Training for Professionals

This autumn, take part in our free oral health webinars for professionals working with children. Learn about oral health advice for children and practical ways to support children's oral health. Our sessions are friendly, informative, and evidence-based. Sign up today and help keep young smiles healthy!



### Supervised Toothbrushing Programme in Nottingham City

Help children shine with healthy smiles this Autumn! If you're an early years setting in Nottingham City, you can join our FREE Supervised Toothbrushing Programme—available for schools, nurseries, and childminders. Our friendly team delivers everything you need to make toothbrushing fun and easy, with fully funded resources and expert support. Teaching good brushing habits early means brighter smiles and healthier teeth for life. Want to get involved? Contact us to learn how your setting can take part and make a difference—one brush at a time!



Vol .04 Newsletter

# St John's Journal

## 2<sup>nd</sup> October 2026



Good morning,

**I am writing because there are now just three weeks left for pupils to take part in my final my national survey, The Big Future.**

Please could you support me with one final push before the survey closes in three weeks by encouraging your pupils to complete the survey here:

<https://www.childrenscommissioner.gov.uk/thebigfuture/>

The most effective way for schools to reach as many children as possible has been to give pupils time to complete the survey during the school day. To make this as easy as possible, I have also created a ready-to-use slide pack for schools, which you can find on [my website](#).

The survey closes in three weeks, so I would be enormously grateful if you could help give your pupils the opportunity to take part before then.

Every response matters. I want to make sure that when I speak to Government about what children and young people want for their futures, I am able to represent the voices of children across the whole country – including those at your school.

Thank you for your support.

Yours sincerely,

**Dame Rachel de Souza**

**Children's Commissioner for England**



**fun  
palaces**

**COME AND  
JOIN THE FUN  
AT WORKSOP  
LIBRARY**

**FREE  
NO NEED  
TO BOOK**

**Saturday  
3 October  
10am – 3pm**

  
**SCAN  
HERE TO  
FIND OUT  
MORE**

 [inspireculture.org.uk/funpalace2026](https://inspireculture.org.uk/funpalace2026)



**nct**

For pregnancy, parents & progress



# CHILDRENS NEARLY NEW SALE

**NORTH NOTTS ARENA, WORKSOP, S80 1QS**

- **TOYS**
- **CLOTHES**
- **EQUIPMENT**
- **& MUCH MORE!**

**Saturday 10<sup>th</sup> October**

**11:30-13:00**

All profits go to NCT Charity.  
Registered charity in England and Wales:801395  
and Scotland:SC041592.

More details at  /BassetlawNCT

## OUR SCHOOL NOW HAS AN ANAPHYLAXIS KITT

We are pleased to let parents and carers know that our school now has an Anaphylaxis Kitt supplied by Kitt Medical on site.



### WHAT IS IT?

The Anaphylaxis Kitt comes with **four adrenaline auto-injectors** and clear instructions for use in a medical emergency, alongside **anaphylaxis awareness training** for staff.

Adrenaline is the **first-line treatment** for severe allergic reactions (anaphylaxis) and can be life-saving when given promptly.

### WHY DOES THE SCHOOL HAVE ONE?

- Severe allergic reactions can occur suddenly and unexpectedly.
- Not everyone who experiences anaphylaxis has a known allergy.



### WHO CAN THE KITT BE USED FOR?

Any pupil, staff member or visitor on the school site experiencing a suspected anaphylactic reaction. Including individuals without a diagnosed allergy.

### IMPORTANT INFORMATION FOR PARENTS & CARERS

**If your child has a diagnosed allergy:**

- Please continue to provide their prescribed adrenaline auto-injectors.
- Inform the school of any changes to medical needs.
- The school Anaphylaxis Kitt does not replace a child's own medication.

Learn more at [www.kittmedical.com](http://www.kittmedical.com)



Anaphylaxis awareness and preparedness for your organisation.

## Anaphylaxis Kitt Training Summary Information +

### What is an allergy?

An allergy is when your body's immune system mistakenly identifies something harmless as something harmful, causing a histamine release.

### What things can people be allergic to?

You can be allergic to anything, from foods to insect stings, pollen to materials. People can develop new allergies & grow out of old ones at any time.

### What is anaphylaxis?

A severe allergic reaction is known as anaphylaxis. Symptoms (**ABC**) include:

- **Airway:** Throat/tongue swelling, hoarse voice, tightness.
- **Breathing:** Wheezing, noisy or difficult breathing.
- **Circulation:** Fainting, tiredness, confusion, pale clammy skin, loss of consciousness.

### What is an adrenaline auto-injector (AAI)?

An AAI contains adrenaline (a naturally occurring hormone) in a safe, injectable form. It counteracts the symptoms of a severe allergic reaction.

Jext & EpiPen are different brands of adrenaline pen, but both do the same thing. 300mcg pens are for patients over 6 years or over 30kg, whilst 150mcg pens are for small children or those under 30kg.

### How do you treat a severe reaction?

1. **Lay the person down** with legs elevated.
2. Select the **appropriate adrenaline dose**.
3. Take the pen out & **remove safety cap**.
4. Push the **needle end into outer thigh** until it clicks and hold in place for 10s.
5. Call **999**, say "**anaphylaxis**" and wait for an **ambulance** to arrive.
6. If there's no improvement after 5 mins, give a second dose in their other thigh.

### How do I access a Kitt?

*Kitts should only be used by trained staff to save a life in an emergency scenario.*

1. **Push** a Kitt key into the central plus and turn it to the left until it clicks.
2. **Pull** up on the white handle to bring the Kitt out of the orange wall mount.
3. **Lift** the orange latch open to get inside.

LEARN MORE AT [KITTMEDICAL.COM](http://KITTMEDICAL.COM)

## Wellbeing Page

### Handle With Care

We would like to provide all families with additional support during those times when things may be difficult at home. We understand it is not always easy to share details with school, especially at the classroom door and that's okay.

If your child is coming to school after a difficult night, morning or weekend; please message the school office with your child's name, class and "Handle With Care" and these will be passed staff members.

Nothing else will be said or asked but this will let us know that your child may need extra time, patience or help during the day.

**At St John's we believe that everyone has the right to feel safe and be who they are. Our school is a place where everyone can feel safe and happy and we will always treat bullying seriously.**

#### What is bullying?

**Bullying is when someone hurts someone else, by using behaviour or words which are meant to frighten or hurt that person.**

#### **Several Times On Purpose**

**What should I do?**  
**Ask them to stop if you can.**  
**Ask them to go away.**  
**Ignore them.**  
**Walk away.**  
**Get help.**

#### **Start Telling Other People**

**Who can I tell?**  
**A friend, parents/carers, teachers, a trusted adult.**



**Young Carers Service**

**FREE**

A support service to help identify and support Young Carers in education

Advice on how to support Young Carers in Education

Young Carer themed Assemblies

Young Carer Champion training

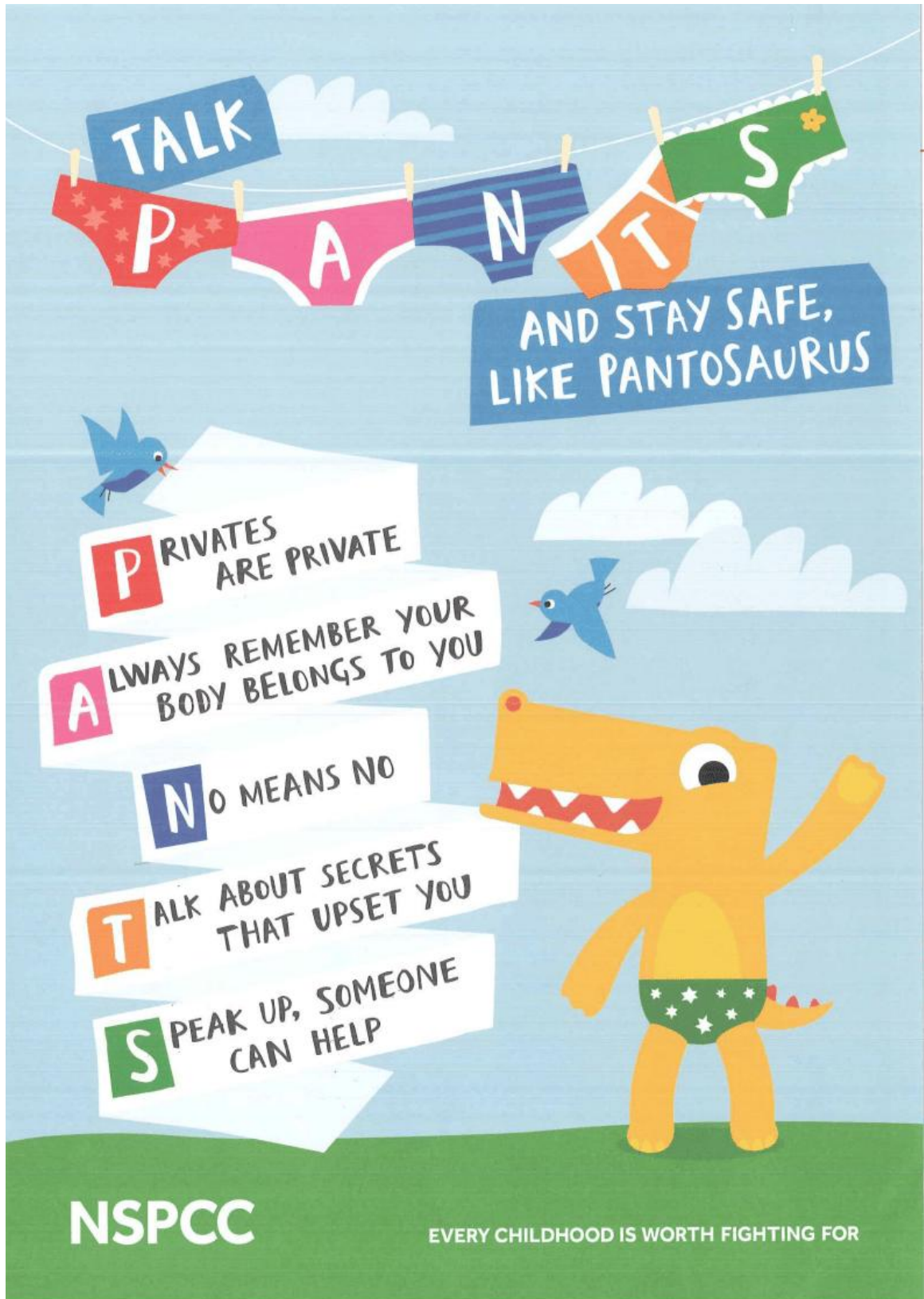
Staff meetings & Inset training

Resources



[www.nottinghamshirecarers.co.uk](http://www.nottinghamshirecarers.co.uk)  
[info@nottinghamshirecarers.co.uk](mailto:info@nottinghamshirecarers.co.uk)  
01773 833 833





## Are You a Young Carer?

**Would you like to travel on the tram or bus for FREE?**



**TravelNotts**  
Network



**Aged 5 - 17? Contact Young Carers Notts to get a FREE travel card!**



**Tel: 0115 824 8824 (9am - 5pm, Mon- Fri)**

**WhatsApp: 07860 957 660**

**Email: [youngcarers@tuvida.org](mailto:youngcarers@tuvida.org)**

**Web: [www.youngcarersnotts.co.uk](http://www.youngcarersnotts.co.uk)**

**YOUNG  
CARERS  
NOTTS**



**Funded by  
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County Council**

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## Safeguarding for parents

### What is safeguarding?

Safeguarding ensures that every child, regardless of their age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, has a right to equal protection from harm. It's the steps that people take to protect children and vulnerable people from harm.



### Examples of safeguarding concerns to look out for:



#### Physical

A group of children pushing or hitting a smaller child when an adult isn't looking.



#### Emotional

A crying child running towards their parent who responds in a harsh manner using inappropriate language.



#### Sexual

A teenage girl walking home being catcalled and harassed, or being touched without consent.



#### Neglect

A child wearing the same dirty clothes every day and stealing food from other children.



### How can you help?

If you ever see anything happen to a child that makes you feel uncomfortable, please let your safeguarding lead / person know. You're not causing problems – you could save a child from unnecessary harm.

Any one of these things might not mean anything, but if your safeguarding lead / person isn't told, they can't help.

**Speak to:** Mr Rizzo, Mrs Godley or Mrs Thackery

**Talk to me  
about your  
concerns**

For more support with safeguarding, search

Tes safeguarding advice 