
















Lunch Menu Week 3

	Nuts	Peanuts	Eggs	Milk	Fish	Pork	Crustacea	Molluscs	Cereals containing gluten	Celery	Lupin	Mustard	Sesame seeds	Soya	Sulphur dioxide	Date checked and who by	Date checked and who by
Week 3 Allergen Free							Prawns, Crab, Lobster, etc	e.g. - clams, mussels, whelks, oysters, snails and squid	Wheat, Rye, Barley, Spelt, Oats, Kamut								
																	
Gluten Free Pannini Cheese or Ham				★						★		★					
Tortilla Chips																	
Cupcake																	
Flapjack								★									
Chicken Curry				★													
Rice																	
Naan Bread								★									
Roast Pork																	
Quorn Roast			★	★													
Sausage Roll								★							★		
Gluten Free Fish Fingers					★												
Sprinkle Cake																	
Apple Crumble																	
Chocolate Muffin																	
Action	Check annually that the allergens have not changed due to changes in products or amended recipes.																