
















Lunch Menu Week 3

	Nuts	Peanuts	Eggs	Milk	Fish	Pork	Crustacea	Molluscs	Cereals containing gluten	Celery	Lupin	Mustard	Sesame seeds	Soya	Sulphur dioxide	Date checked and who by	Date checked and who by
Week 3 Main Meal							Prawns, Crab, Lobster, etc	e.g. - clams, mussels, whelks, oysters, snails and squid	Wheat, Rye, Barley, Spelt, Oats, Kamut								
																	
Ham & Cheese Pannini				★					★					★			
Cheese & Tomato Pannini				★					★								
Tortilla Chips																	
Chicken Curry				★													
Rice																	
Vegetable Curry																	
Roast Pork																	
Quorn Roast			★	★													
Sausage Roll									★						★		
New Potatoes																	
Fish Fingers					★				★								
Chips																	
Vegetables																	
Naan Bread									★								
Cupcake			★	★					★					★			
Flapjack									★								
Sprinkle Cake			★	★					★					★			
Apple Crumble									★								
Chocolate Muffin			★	★					★					★			
Action	Check annually that the allergens have not changed due to changes in products or amended recipes.																