

June 2026

Dear Parents/Carers of Year 6

Sex and Relationships Education sessions

At St John's CofE Academy, Sex and Relationships Education (SRE) is an integral part of our Personal, Social and Health Education (PSHE) provision for children. Government guidance recommends that children are prepared to deal with the transition to adulthood in an age-appropriate way, within the moral and values framework of the school. The SRE we provide also helps to safeguard our pupils.

This year, class teachers will be delivering Sex and Relationships Education workshops to our children in year 6. Each child will take part in sessions exploring the physical and emotional changes of puberty, reproduction and birth within the context of loving relationships, and families of all kinds. Children will also be introduced to the scientific language to describe the reproductive organs. The content of the sessions will be delivered using a variety of methods including group activities, discussion and appropriate excerpts from teaching videos. The sessions are designed to equip your child with the knowledge and skills to deal effectively with the transition to adulthood.

The sessions will be in line with good practice guidance set out by the government and Ofsted and in the recent supplementary guidance 'Sex and Relationships Education for the 21st Century.'

Due to the nature of the sessions, children may ask questions, and these will be answered in an honest and factual way, appropriate to the age of the children involved. The workshops will be delivered in line with the school's policy on Sex and Relationships Education. These will take place in June and July.

We hope that you are supportive of the school's approach to this area of learning and would welcome you to contact us if you have any comments or concerns. In line with legislation, you have the right to withdraw your child from Sex and Relationships Education that takes place outside of national curriculum Science.

If you would like to exercise this right, please contact the school.

Yours faithfully,



Mr G Rizzo
Principal

BELONG BELIEVE ACHIEVE

Love one another; as I have loved you, that ye also love one another.

John 13: 34-35

RESPECT-KINDNESS-GENEROSITY-TRUST-PATIENCE-PEACE-TRUTH-UNDERSTANDING-LOVE-JOY