

Are you WeatherReady?

Thinking ahead and preparing for what the weather may bring can make a real difference. Here is a simple checklist to prepare yourself, your vehicle and your home or business.

Be ready to get active

- ☐ Wear suitable clothing and footwear
- ☐ Bring water
- ☐ Apply sunscreen



Check your house and garden

- ☐ Check roof
- ☐ Clear guttering



Take the worry out of summer storms

- ☐ Clear drains to avoid blockages
- ☐ Store garden items during strong winds



Be prepared for hot weather

- ☐ Wear sunscreen and a wide brimmed hat
- ☐ Seek shade between 11am and 3pm
- ☐ Drink plenty of water



Keep an eye on UV and pollen levels

- ☐ Check the forecast
- ☐ Stock up on sunscreen and hay fever medicine



Check your vehicle is summer ready

- ☐ Top up screen wash, oil and coolant
- ☐ Check tyres



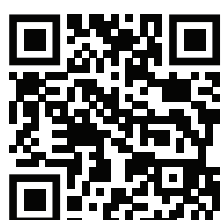
Look out for those around you

- ☐ Check on neighbours
- ☐ Ask if you can help



Have basic supplies to hand

- ☐ Key information and phone numbers
- ☐ Bottled water and medicines
- ☐ Torch and spare batteries



www.metoffice.gov.uk/WeatherReady

Are your friends, neighbours and community WeatherReady for the summer?

Help them prepare by sharing this checklist or join the conversation online #WeatherReady