

WEEK 3

(14/09/26, 05/10/26)

St John's C of E Academy Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Ham & Cheese Panini, Tortilla Chips, Salad	Mild Chicken Curry, Rice, Naan Bread	Roast Pork, Roast Potatoes, Cauliflower, Green Beans	Homemade Sausage Roll, New Potatoes and Beans	Fish Fingers, Chips, Peas
MEAT FREE OPTION	Cheese & Tomato Panini, Tortilla Chips, Salad	Vegetable Curry, Rice, Naan Bread	Quorn Roast, Roast Potatoes, Cauliflower, Green Beans	Vegan Sausage Roll, New Potatoes and Beans	Veggie Fingers, Chips, Peas
ALLERGEN FREE OPTION	Gluten Free Panini, Tortilla Chips, Salad	Mild Chicken Curry, Rice, Naan Bread	Quorn Roast, Roast Potatoes, Cauliflower, Green Beans	Sausage, New Potatoes, Beans	Gluten Free Fish Fingers, Chips, Peas
DESSERT	Cupcake	Flapjack	Sprinkle Cake	Apple Crumble & Custard	Chocolate Muffin
ALLERGEN FREE DESSERT	Cupcake	Flapjack	Sprinkle Cake	Apple Crumble & Custard	Chocolate Muffin
AVAILABLE EACH DAY	Jacket Potato with Cheese, Beans or Tuna Penne Pasta with Homemade Tomato & Basil Sauce Jelly Yoghurt Fresh Fruit Salad Bowl Fresh Bread Grab Bag including Ham, Cheese or Jam Sandwich, Crisps, Fruit Dessert				